



Newsletter from the research environment [CHILD](#) at Jönköping University

## Interventions in Childhood - a new Master's Program



The new international master's program *Interventions in Childhood* has already had around a 100 international students showing an interest for it. The last day for applications from outside the EU has passed and applications from within the EU are now to be expected. The program starts at Jönköping University in August 2014. [Full story](#) (in Swedish).



## A New International Project

CHILD has in collaboration with Taiwanese researchers at Can Chung University started a new project called "Participation for children with physical disabilities and in children with typical development: a longitudinal study School-aged children". [Full story](#) about this project.

[All CHILD's projects](#)



## Possibilities in Life when having multiple disabilities

Nationellt kompetenscentrum anhöriga (Nka) gives a two-day conference in

## Welcome to CHILD!

"Year 2014 has started well for CHILD. We had a very positive outcome as a group for 2013. This year we will have a continued interational focus, a continued collaboration with the Swedish Institute for Disability Research and a continued focus on everyday functioning, something that



Stockholm on possibilities in life when having multiple disabilities. The conference is for families and professionals and takes part in March. Several CHILD researchers will speak at the conference. [Full story](#)

seems to be our common theme in research. We would appreciate your input and you are most welcome to get in touch with us for research results or to contact a researcher. Why not start with visiting one of our seminars?" [Full story](#) by *Mats Granlund*, research leader of CHILD

## New Fundings for Small Children and Cancer



Professor *Karin Enskär*

(photo) and PhD-student *Laura Darcy* has received 650 000 SEK from Barncancerfonden for the project Health in small children with cancer. [Full story](#)

For the same project *Laura Darcy* also received 56 000 SEK from Ebba Daneliusfonden.

## New PhD in Disability Research



At the end of last year, CHILD-member *Patrik Arvidsson* defended his doctoral thesis "Assessment of participation in people with a mild intellectual disability" at Örebro

University. [Full story](#)

## PhD-Part time I



*Katarina Karlsson*, PhD-student in Nursing Science, successfully passed her part time in January.

"My research is about how children experience and handle procedure related measures in health settings", says *Katarina Karlsson*.

[Full story](#)

## PhD-Part time II



In February, *Laura Darcy*, PhD-student in Nursing Science, successfully passed through part time in her research project called *Health in children (1-6 years) with cancer*.

Twenty five children diagnosed with cancer are being followed every six months over a three year period. [Full story](#)

## Funding for dance project

CHILD-researcher *Noomi Carlsson* has together with other researchers received 300 000



## Eva Björck-Åkesson new member of the Swedish Unesco Council



"I am convinced that

SEK for a dance intervention project that strives to strengthen the health of young girls (aged 13-19) in the County.



[Full story](#)



education is a key pillar in the long term work for peace and security", says CHILD-professor *Eva Björck-Åkesson*, recently appointed member of the Swedish

Unesco Council by the Government Offices of Sweden. [Full story](#)

## New book release I:

Evidensbaserad elevhälsa



Swedish pupils in their lower teens do not perform as well in school as other age groups do. They also comment on their own health situation and well being in negative terms. This book aims to

contribute to a turning point. [The book](#) will be released during the Spring.

## New book release II:

Kommunikation med barn och unga i vården



Several CHILD-ers have contributed to a new book about how to communicate with children and young people within a health care setting. The book is one of a kind, since most that has been written about

communication within a health care setting concerns adults. This book focuses on the child. [Full story](#)

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Newsletter from the research environment [CHILD](#) at Jönköping University

## Welcome to CHILD!

Year 2014 has started well for CHILD. We had a very positive outcome as a group for 2013. We received in total 6 964 000 SEK in funding and published [45 articles](#) in peer reviewed journals. Based on these numbers we also received a bonus from the School of Health Sciences that can be used for strengthening the research environment with a special focus on international activities. This development is very much in line with what we have set up as goals for CHILD. So let us keep up this positive trend also this year. We have a good start 2014 with [15 accepted](#) articles so far.

### Continued International Focus

International collaboration is a theme that we will continue to focus on. We have applied for funding to continue a collaboration with Australian Catholic University, Melbourne. We have ongoing projects with researchers in South Africa, Taiwan, Australia, USA and Portugal that have resulted in 16 articles in peer reviewed journals last year. This spring we will have a meeting with several researchers from these countries to discuss how to measure everyday functioning operationalized as participation in everyday life. The coming fall we hope to recruit a doctoral student from Singapore as well as one post doc and one doctoral student where we especially look for international applicants. We will also start an international Masters program in Interventions in childhood.

### Continued Collaboration with SIDR

Nationally we continue our collaboration within the Swedish Institute for Disability Research (SIDR) where we are responsible for coordinating activities concerning child focused research. *Maria Björk* will work half-time as post doc for two years within SIDR and the international post doc being recruited will also work half-time within SIDR. Within SIDR "strategic groups" are working with the long term development of SIDR, something that also CHILD will gain from. One of the groups, coordinated by Margareta Adolfsson focus on building a "library of measurement tools", while another group with Maria Björk as a member,



Professor [Mats Granlund](#), research leader of [CHILD](#) and [SIDR/CHILD](#).

Welcome to visit us!

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works on developing an “expert consultant group” on methods for handling complex data with a special focus on longitudinal studies (quantitative and qualitative).

#### Everyday Functioning - our common Theme

In terms of research, everyday functioning still seems to be the common theme for CHILD. Again this is in line with what we have as a goal. We study everyday functioning in home and preschool/school for young children with cancer, young children with behavior problems, children with mild intellectual disability, teenagers with long terms health conditions or disabilities in school, and children with profound intellectual and multiple disabilities (PIMD). The families are also involved in these studies. Something that is more pronounced now than in previous years (again a trend in line with our goals) is that several of the studies are longitudinal. If we leave the close environments of children and look into everyday life in services provided to children with additional service needs on top of what is provided to all children, we have projects that concern promoting health in all children in school health care, pre- and post-operative care to children with autism, service provision to children with mild intellectual disability, personal assistance to children with PIMD and support to children as next of kin to parents having a progressive disease.

That is it for now. Do contact us if you would like to know more about a project or get in contact with one of our researchers. You are also most welcome [to visit a seminar!](#)

See you in research,  
*Mats Granlund*

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## Delaktighet för barn med och utan fysiska funktionshinder – en longitudinell studie

Barn med rörelsehinder är mindre delaktiga i vardagsaktiviteter än andra barn. I studier gjorda i västländer har mestadels tvärsnittsdesigner används och jämförelsegrupper har inte används. Data från både barn med och utan rörelsehinder behöver jämföras över tid för att bättre förstå de processer som understödjer delaktighet. I denna studie studeras delaktighetsmönster hos barn med och utan rörelsehinder över tid. Ett syfte är att identifiera faktorer som stödjer delaktighet hos barn med fysiska funktionshinder. 125 barn med och utan rörelsehinder följs under fyra år. En jämförelse med barn i USA och Sverige planeras. Studien förväntas ge kunskap om hur man på bästa sätt kan stödja utvecklingen av delaktighet över tid hos barn med rörelsehinder.

### Summary in English

*Participation for children with physical disabilities and in children with typical development: a longitudinal study*

School-aged children with physical disabilities have more participation restrictions than their peers with typical development. Studies in Western countries have primarily used cross sectional designs and no data on norm groups has been collected. Data from children with and without physical disabilities need to be compared longitudinally to better understand what processes that promote participation. This study will investigate participation patterns in children with and without physical disability. Another aim is to identify factors supporting participation. 125 children with and without physical disabilities will be studied for four years. Comparisons with children in the USA and Sweden are planned. Expected results are that methods for supporting participation can be developed.

### Projekttid

2014 – 2017

### Forskningsfinansiär

Taiwan National Research Foundation

### Projektansvarig

Ansvariga för projektet är Högskolan i Jönköpings och CHILD:s forskningspartners i Taiwan; Ai-Wen Hwan och Hua-Feng Liao, vid Can Chung University, Taiwan.

### Projektmedarbetare i Sverige

Professor Mats Granlund, Hälsohögskolan, Högskolan i Jönköping

### Kontaktperson

Mats Granlund, [mats.granlund@hhj.hj.se](mailto:mats.granlund@hhj.hj.se)

## Project on Childhood Cancer receives 600 000 SEK



The CHILD-research project Health in children (1 to 6 years) with cancer has received 600 000 SEK from the Swedish Childhood Cancer Foundation.

The aim of this project is to investigate the health and everyday life of young children (1-6 years of age) diagnosed with cancer. The World Health Organization's International Classification of Functioning, Disability and Health - Children and Youth Version (ICF-CY) form the basis of this study. Health is thus conceptualized as changes in or need for support in body functions/structures, activity and participation and surrounding environment. Twenty five children diagnosed with cancer in the West of Sweden are being followed every six months over a three year period. Children aged 3 years and over are interviewed with semi structured questions based on the ICF-CY structure. They also fill in questionnaires with help from the interviewer. Parents of all children are similarly interviewed and fill in questionnaires. The questionnaires are analyzed statistically and the interviews are analyzed with qualitative content analysis. The project runs from 2011-2016 with funding from the Swedish Childhood Cancer Foundation.

**For further information, please contact [Karin Enskär](#)**

For further information on all projects within the research group CHILD: [CHILD's projects](#)

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*grattis till doktorshatten, Patrik!*

[Länk till avhandlingen i fulltext](#) 

För kontakt: [patrik.arvidsson@lg.se](mailto:patrik.arvidsson@lg.se)

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| Sidansvarig: [Cecilia Allegrind](#)

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## CHILD

2014-02-10

 [SV](#)

## Katarina Karlsson successfully through part time

Katarina Karlsson, CHILD-doctoral student in Nursing Science, successfully passed her part time in January.

"My research is about how children experience and handle procedure related measures in health settings", says Katarina Karlsson.

"The aim of the thesis is to describe how preschool children experience and handle procedure-related measures. The aim is also to describe procedure-related measures from the parents and the nurses' perspective, focusing on how they support the child during these procedures. Focus of the thesis is procedures that include needle sticks."

[More on the research project](#)

[More on the PhD-student](#)

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## CHILD

2014-02-11

 [SV](#)

## Laura Darcy successfully through part time

CHILD-doctoral student Laura Darcy successfully passed through part time in her research project called *Health in children (1-6 years) with cancer*.

The aim of Laura Darcy's research project is to investigate the health and everyday life of young children (1-6 years of age) diagnosed with cancer. The World Health Organization's International Classification of Functioning, Disability and Health-Children and Youth Version (ICF-CY) form the basis of this study. Health is thus conceptualized as changes in or need for support in body functions/ structures, activity and participation and surrounding environment. Twenty five children diagnosed with cancer in the West of Sweden are being followed every six months over a three year period. Children aged 3 years and over are interviewed with semi structured questions based on the ICF-CY structure. They also fill in questionnaires with help from the interviewer. Parents of all children are similarly interviewed and fill in questionnaires. The questionnaires are analyzed statistically and the interviews are analyzed with qualitative content analysis.

[More on the project](#)

[To contact Laura Darcy](#)

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## CHILD

2014-02-17

# Dansintervention för stärkt hälsa hos flickor

CHILD-forskare Noomi Carlsson ska tillsammans med andra forskare genomföra ett dansprojekt som en forskningsbaserad insats för att förebygga och behandla psykisk ohälsa hos unga tjejer 13-19 år.



CHILD-forskare Noomi Carlsson

## Många tjejer mår dåligt

Den psykiska ohälsan bland unga tjejer är alarmerande hög. Nedstämdhet och kroppsliga besvär förekommer dubbelt så ofta bland flickor som bland pojkar oavsett skolår. Vanliga besvär som huvudvärk och magont är kopplade till depression och psykisk sjukdom senare i livet, samt är också förenade med känslor av utanförskap och nedsatt självkänsla.

- Dansprojektet är en forskningsbaserad insats för att förebygga och

behandla psykisk ohälsa hos unga tjejer 13-19 år, berättar CHILD-forskare Noomi Carlsson, som arbetar med folkhälsofrågor inom Jönköpings läns landsting.

- Vi har fått 300 000 kronor från Forskningsrådet i Sydöstra Sverige (FORSS) för att genomföra en dansintervention för unga flickor i Jönköpings län.

## Positiv effekt som kvarstår länge

I dansstudien, som tidigare genomförts i Örebro med mycket goda

resultat, förbättrade flickorna den självskattade hälsan mer än

kontrollgruppen. Den positiva effekten uppkom vid interventionens slut

och kvarstod även 4 och 12 månader efteråt. Resultaten visar även en

signifikant minskning av sömnproblem, trötthet och psykosomatiska

symptom.

## Jönköpings tur

- Vi vill i Jönköpings län testa om det kan vara en fungerande metod för oss. Målgruppen är tjejer 13-19 år, som rekryteras från Barn- och ungdomshälsan i Huskvarna, Elevhälsan, Ungdomsmottagningen, Ung Arena i Jönköpings kommun och primärvården.

I projektet träffas man och pratar och dansar utifrån tjejernas önskemål och förutsättningar två gånger i veckan under åtta månader.

- Pilotprojektet är begränsat till Jönköpings kommun och är en samverkan mellan Landstinget i Jönköpings län, Folkhälsosektionen, Jönköpings kommun, Landstinget i Östergötlands län och Örebro läns Landsting, säger Noomi Carlsson.

- Projektet kommer att utvärderas och vid goda resultat kommer metoden att spridas i länet, förklarar Noomi Carlsson.

Projektledare för dansinterventionen i Jönköpings län är Agneta Andersson vid Linköping universitet, och i projektet arbetar CHILD-forskare Noomi Carlsson, Paula Bergman m.fl.

**För mer information**, kontakta [Noomi Carlsson](#).

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## CHILD

2014-02-24

## Eva Björck-Åkesson ny ledamot i Svenska Unescorådet

Regeringskansliet har utsett Eva Björck-Åkesson, huvudsekreterare för utbildningsvetenskap vid Vetenskapsrådet, till ledamot i Svenska Unescorådet.

Eva Björck-Åkesson säger i en notis på Vetenskapsrådets hemsida att:

– Uppdraget känns spännande. Jag har ett stort intresse för utvecklingen inom de områden som Unesco arbetar med, inte minst kring utbildning och vetenskap, men även för kultur och kommunikation i ett internationellt perspektiv. Jag är övertygad om att utbildning är en av grundpelarna i det långsiktiga arbetet för fred och säkerhet.

Unesco är FN:s organ för utbildning, vetenskap, kultur och kommunikation och Svenska Unescorådet är Sveriges nationalkommission för Unescos frågor i Sverige.

[Läs hela notisen](#) 

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Professor Eva Björck-Åkesson grundade år 2001 forskningsmiljön CHILD tillsammans med professor Mats Granlund. Hon är fortfarande verksam inom CHILD.

## CHILD

2014-02-17

## Ny bok: Kommunikation med barn och unga i vården

Ett flertal CHILD-forskare medverkar med bokkapitel i en ny bok om konsten att samtala med barn och unga i olika situationer inom vården.

Många har skrivit om vuxna och kommunikation i vården. Nu har det kommit en bok som är unik i sitt slag; den handlar om barnen.

Maja Söderbäck, barnsjuksköterska och docent i vårdvetenskap vid Mälardalens högskola, har samlat en stor mängd namnkunniga barnforskare runt det viktiga ämnet kommunikation med barn och unga i vården. Så här skriver bokförlaget Liber om boken:

"De flesta som arbetar inom vården träffar i sitt dagliga arbete barn och unga människor. För att vårdpersonal ska kunna möta dessa barn och unga krävs god kunskap om både kommunikation och kommunikationsteorier, speciellt med fokus på hälso- och sjukvård. Vidare behövs kunskap om barns och ungdomars livssituation, deras erfarenheter av möten med vården, liksom deras kognitiva och kommunikativa förmåga."

### Mer information

Boken heter "[\*Kommunikation med barn och unga i vården\*](#)" och är nyutkommen (2014) på Liber bokförlag.

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Berit Björkman skriver om barn i röntgensituationen och är en av de CHILD-forskare som medverkar i boken.

