



Do you want to train athletics (track-and-field sports) during your studies here in Jönköping?

Welcome to Hovslätts IK and our training groups for persons who are 15 years and older.

Everybody is welcome to our club, regardless of level, but we also encourage our athletes to train towards being an elite at a national level.

We have coaches for all categories of events. At least three times a week we have training with coaches present. In addition to that, some groups train more, by agreement with the respective coach.

Our main venues for training are Råslätts idrottsplats and Hovet in Hovslätt and, during the winter season, Kålgårdsarenan.

If you want to know more, you are most welcome to contact us!

Ann Axelsson, telephone 073 310 40 16

e-mail [ann.axel@telia.com](mailto:ann.axel@telia.com)

Niclas Svensson, telephone 073 200 12 44

e-mail [sward-svensson@hotmail.com](mailto:sward-svensson@hotmail.com)